


## MEET THE PRODUCT



# ARBONNE ESSENTIALS<sup>®</sup> PROTEIN SHAKE MIX

## For Daily Health

Do the daily shake with delicious, nutritious, perfectly balanced chocolate or vanilla shake mix. Provides 20 grams of vegan protein to help support muscles,<sup>§</sup> delivering a 100% amino acid score, plus more than 20 essential vitamins and minerals per serving. Clinically tested and certified to have a low glycemic index, which has little effect on blood sugar levels and does not cause a spike in blood sugar. Chocolate #2069; Vanilla #2070 

### FEATURES

- 20 grams of easy-to-digest vegan protein, derived from peas, rice and cranberries, per serving
- Supplemented with over 20 vitamins and minerals, such as vitamin E and magnesium to support overall health, energy and well-being<sup>†</sup>
- Can be blended with a variety of fresh fruits and vegetables, our Greens Balance, and Daily Fiber Boost to supplement nutrient values and taste
- Clinically tested and qualified with a low glycemic index
- Free of artificial colors, flavors and sweeteners, as well as dairy, whey, soy, saturated fats, trans fats, and cholesterol



### KEY INGREDIENTS & BENEFITS

- Essential amino acids help support muscle repair and protein synthesis<sup>§</sup>
- Low allergen potential is achieved by avoiding common allergens, such as soy and whey, which are present in many protein mixes
- 20 grams of natural vegan protein promotes satiety and is easily digestible<sup>§</sup>

### HOW TO USE

Add 2 scoops of the Protein Shake Mix powder to 9 oz. of cold water and shake vigorously.

### THE ARBONNE ADVANTAGE

Arbonne's protein products are created with easy-to-digest plant-based protein derived from peas, rice and cranberries; making adding protein every day a simple part of any healthy living program.

### TIP

Blend with a variety of fruits and vegetables to give your shakes an extra nutrient boost while creating your own favorite flavor combinations.

<sup>§</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# ARBONNE ESSENTIALS® PROTEIN SHAKE MIX

## COMPLEMENTARY PRODUCTS

Arbonne Essentials

Digestion Plus, #2063

Herbal Detox Tea, #2076

Daily Fiber Boost, #2075

Vanilla

## Supplement Facts

Serving Size 2 scoops (42 g) | Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	160	
Total Fat	3 g	4% <sup>1</sup>
Saturated Fat	0 g	0% <sup>1</sup>
<i>Trans</i> Fat	0 g	*
Cholesterol	0 mg	0%
Total Carbohydrate	14 g	5% <sup>1</sup>
Dietary Fiber	2 g	7% <sup>1</sup>
Soluble Fiber	1 g	*
Insoluble Fiber	1 g	*
Total Sugars	9 g	*
Includes 9 g Added Sugars		18% <sup>1</sup>
Protein	20 g	40% <sup>1</sup>
Vitamin A (as retinyl palmitate)	186 mcg	21%
Vitamin C (as ascorbic acid)	9 mg	10%
Vitamin D (as ergocalciferol)	1.3 mcg	7%
Vitamin E (as d-alpha tocopheryl acetate)	3.3 mg	22%
Thiamin (as thiamin hydrochloride)	0.22 mg	18%
Riboflavin	0.25 mg	19%
Niacin (as niacinamide)	3 mg	19%
Vitamin B6 (as pyridoxine hydrochloride)	0.3 mg	18%
Folate	104 mcg DFE (61 mcg folic acid)	26%
Vitamin B12 (as cyanocobalamin)	1 mcg	42%
Biotin	25 mcg	83%
Pantothenic Acid (as d-calcium pantothenate)	1.7 mg	34%
Calcium (as calcium carbonate)	153 mg	12%
Iron	4.5 mg	25%
Iodine (as potassium iodide)	23 mcg	15%
Magnesium (as magnesium oxide)	61 mg	15%
Zinc (as zinc oxide)	2 mg	18%
Selenium (as sodium selenate)	11 mcg	20%
Copper (as copper gluconate)	0.3 mg	33%
Manganese (as manganese sulfate)	0.3 mg	13%
Chromium (as chromium chloride)	18 mcg	51%
Molybdenum (as sodium molybdate)	11 mcg	24%
Sodium (as sea salt, sodium citrate)	360 mg	16%
Potassium (as potassium citrate)	120 mg	3%

**INNER G-PLEX,** 37.5 mg \*  
Alfalfa leaf powder, Kelp powder, Ginseng root powder, Coenzyme Q10

<sup>1</sup>Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

**OTHER INGREDIENTS:** Arbonne Protein Matrix Blend (pea protein isolate, cranberry protein, rice protein), organic cane sugar, sunflower oil, natural vanilla flavor, inulin, maltodextrin (non-GMO), flax seed, stevia leaf extract, xanthan gum, gum acacia, guar gum.

Made in a facility that processes wheat, egg, soybeans, and milk.

Greens Balance, #6232

Omega-3 Plus, #2066

Super Chews for Kids & Teens, #2054

Ready-to-Drink Protein Shakes (12-pack), Chocolate #2071; Vanilla #2072

Chocolate

## Supplement Facts

Serving Size 2 scoops (45 g) | Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	160	
Total Fat	3.5 g	4% <sup>1</sup>
Saturated Fat	0 g	0% <sup>1</sup>
<i>Trans</i> Fat	0 g	*
Cholesterol	0 mg	0%
Total Carbohydrate	15 g	5% <sup>1</sup>
Dietary Fiber	2 g	7% <sup>1</sup>
Soluble Fiber	1 g	*
Insoluble Fiber	1 g	*
Total Sugars	9 g	*
Includes 9 g Added Sugars		18% <sup>1</sup>
Protein	20 g	40% <sup>1</sup>
Vitamin A (as retinyl palmitate)	186 mcg	21%
Vitamin C (as ascorbic acid)	9 mg	10%
Vitamin D (as ergocalciferol)	1.3 mcg	7%
Vitamin E (as d-alpha tocopheryl acetate)	3.3 mg	22%
Thiamin (as thiamin hydrochloride)	0.22 mg	18%
Riboflavin	0.25 mg	19%
Niacin (as niacinamide)	3 mg	19%
Vitamin B6 (as pyridoxine hydrochloride)	0.3 mg	18%
Folate	104 mcg DFE (61 mcg folic acid)	26%
Vitamin B12 (as cyanocobalamin)	1 mcg	42%
Biotin	25 mcg	83%
Pantothenic Acid (as d-calcium pantothenate)	1.7 mg	34%
Calcium (as calcium carbonate)	153 mg	12%
Iron	5 mg	28%
Iodine (as potassium iodide)	23 mcg	15%
Magnesium (as magnesium oxide)	61 mg	15%
Zinc (as zinc oxide)	2 mg	18%
Selenium (as sodium selenate)	11 mcg	20%
Copper (as copper gluconate)	0.3 mg	33%
Manganese (as manganese sulfate)	0.3 mg	13%
Chromium (as chromium chloride)	18 mcg	51%
Molybdenum (as sodium molybdate)	11 mcg	24%
Sodium (as sea salt, sodium citrate)	480 mg	21%
Potassium (as potassium citrate)	340 mg	7%

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**OTHER INGREDIENTS:** Arbonne Protein Matrix Blend (pea protein isolate, cranberry protein, rice protein), organic cane sugar, cocoa powder, natural chocolate flavor, sunflower oil, inulin, maltodextrin (non-GMO), stevia leaf extract, xanthan gum, gum acacia, flax seed, guar gum.

Made in a facility that processes wheat, egg, soybeans, and milk.